# Backpack Blessings Food List

Only unexpired items, non-breakable items, items with pop-tops lids, and meals that are microwavable are provided in the backpack.

* Cereal
* Easy Mac Macaroni & Cheese Packets
* Peanut Butter 16-18oz.
* Jelly in plastic squeeze bottles
* 100% Juice Boxes
* Pudding cups
* Apple Sauce cups
* Raisins in snack boxes
* Nuts/Trail Mix - Individual Serving Size
* Granola Bars
* Nutrigrain Bars/Cereal Bars
* Microwave Popcorn
* Soup with pop-top lids (Kids-Friendly)
* Chef Boyardee Pasta Meals cans with pop-top lids or microwaveable meals
* Tuna pouches 2.5oz

**Donations can be dropped off anytime at the Backpack Blessings Kiosk. Cash donations are also gladly accepted.**